

# INTRODUCTION

Nanjing University of Chinese Medicine(NJUCM) offers various programs to suit the needs of international students, both beginners and advanced practitioners of TCM, who choose to learn, broaden and enhance their academic knowledge, treatment skills and gain experience. There are short-term courses and long-term courses.

## Regular Short-term courses

**Including** *Introductory acupuncture course*  
*Advanced acupuncture course*  
*Herbal Medicine Course*  
*Chinese Tuina course*

### **Introductory Acupuncture Course**

*This course includes*

\*Basic TCM theory

\*Basic acupuncture theory

\*Diagnosis and treatment of 25 common diseases according to TCM syndrome differentiation, as listed by the World Health Organization (WHO), such as windstroke, headache, stomachache, dysmenorrhea, common cold and so on.

Duration: 320 hours, including 130 clinical practice hours.

Dates: First Monday in March to 31 May.

Assessment: Written and practical examination.

Certification: Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

### **Advanced Acupuncture Course**

*This course includes*

\*Knowledge and use of fundamental acupuncture theory

\*The systematic introduction to the channel system

\*An extensive knowledge of some 250 acupoints

\*Syndrome differentiation and diagnosis in the treatment of 45 common diseases as listed by WHO such as rhinitis, bronchitis, asthma, chronic gastritis and so on.

Pre-requisites: Introductory acupuncture course or equivalent. Certified transcripts or certified proof of academic qualifications is required with application.

Duration : 320 hours including 180 hours clinical practice.

Dates: First Monday in September to 30 November.

Assessment: Written and practical examination.

Certification: Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

### **Herbal Medicine Course**

#### *This course includes*

- \*Elementary TCM theory
- \*Basic Chinese pharmacology and prescriptions through clinical observation
- \*A grasp of diagnostic and therapeutic principles
- \*An application of common Chinese herbal prescriptions and some patent TCM medicines according to TCM theory

Duration: 320 hours, including 140 hours clinical practice.

Dates: First Monday in April to 30 June.

Assessment: Written and practical examination.

Certification: Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

### **Tuina Course**

#### *The course includes*

- \*Preliminary knowledge of TCM and Tuina
- \*Skills in practical Tuina techniques
- \*Syndrome differentiation of common diseases such as shoulder arthritis , rheumatoid arthritis, ankle sprain and other conditions that respond well to Tuina therapy.

Duration : 240 hours including 120 hours of practice .

Dates: First Monday in March to 30 April.

Assessment: Written and practical examination.

Certification: Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

## **Special Short-term courses**

Including *Clinical study*

*Seminars*

*Lectures and clinical practice*

*Other Courses—Massage, Qigong, Taiji*

### **Clinical study**

This course covers general clinical practice and includes lectures as required on subjects such as gynecology, urogenital system and so on.

Pr-requisites: Open to qualified experienced practitioners who know TCM theory.

Duration: 1 to 4 weeks or as required.

Dates: First Monday of the month from March to December, except May and October in the second week.

Assessment: Practical examination and course work.

Certification : Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

## **Seminars**

These seminars study special TCM diagnostic and therapeutic methods, through theory and practice . Topics are based on requirements of students.

*There are two sections of study:*

- 1. Special diseases such as gynaecology,neurology, cardiology, digestive system , vascular disorders and so on.*
- 2. Special techniques such as scalp or ear acupuncture or Qigong*

Pr-requisites: Open to qualified, experienced practitioners who know TCM theory.

Duration: 1-4 weeks, or as required.

Dates: First Monday of the month from March to December except May and October in the second week.

Assessment: Candidate's understanding of clinical practice.

Certification: Successful candidates will receive a certificate authorized by the State Administration of TCM of the People's Republic of China.

## **Lectures and clinical practice**

Lectures are given in Chinese or in Chinese with interpreters.

-Clinical practice is held in groups of 3 or 4 persons, in one of the 3 affiliated hospitals in Nanjing or one of the teaching hospitals in Nanjing

-Interpreters are provided where required.

## **Other Courses**

-Chinese Massage

-Qigong and Taiji

-Cosmetology

The above courses are available when group students can be formed by at least 5 persons.

# **Long-term courses**

## **Bachelor Programs**

**Major areas of study:**

**Traditional Chinese Medicine**

**Western Clinical Medicine**

**Clinical Science of Integrated TCM and Western Medicine**

**Acupuncture, Moxibustion and Chinese Tuina**

**Chinese Materia Medica**

**Pharmacy**

**Rehabilitation Therapy**

**Nursing**

**Applied Psychology**

**Food Hygiene and Nutrition**

## **International Economy and Trade**

### **Marketing**

### **E-Business**

### **Information Management and System**

**Prerequisites:** Academic record equivalent to a Chinese high school graduate.

The result of HSK-4 and certified transcripts or proof of academic qualifications required with the application.

**Duration:** 4 or 5 years as required.

**Commencement:** First Monday in September.

**Assessment:** Ongoing, including written exercises and examinations, practical work.

**Certification:** Successful candidates will receive a bachelor degree authorized by Chinese Ministry of Education.

## **Master programs**

### ***Major areas of study:***

Basic Theory of TCM

Basics of Clinical TCM

TCM History and Literature

TCM Prescription

TCM Internal Medicine

TCM Surgery

TCM Osteopathology Traumatology

TCM Gynecology

TCM Pediatrics

TCM Otorhinolaryngology

Acupuncture and Moxibustion

Integrated Basic TCM and Western Medicine

Integrated Clinical TCM and Western Medicine

Chinese Materia Medica

Pharmacy

Rehabilitation and Physical Therapy

Nursing

Social Medicine and Management of Hygienic Affairs

TCM-General

Pharmacology

Pharmaceutical Chemistry

Pharmaceutics

Pharmaceutical Analysis

Microbiology and Biochemical Pharmacy

**Prerequisites:** A Bachelor of TCM or the equivalent. Certified transcripts or proof of academic qualifications required with application.

**Duration:** 3years.

**Commencement:** First week of September (for full-time course student).

**Assessment:** Ongoing, including written exercises and examinations, practical work.

A thesis is required in the third year.

**Certification:** Successful candidates will receive a master degree authorized by Chinese Ministry of Education.

### **Doctoral programs**

*Major areas of study:*

TCM Basic Theory

Basics of Clinical TCM

TCM History and Literature

TCM Prescription

TCM Internal Medicine

TCM Surgery

TCM Osteopathology Traumatology

TCM Gynecology

TCM Pediatrics

TCM Otorhinolaryngology

Acupuncture and Moxibustion

Integrated Basic TCM and Western Medicine

Integrated Clinical TCM and Western Medicine

Chinese Materia Medica

**Prerequisites:** A Master's of TCM or equivalent , certified transcripts or proof of qualification is required with application

**Duration:** 3 years

**Commencement:** First week of September

**Assessment:** Ongoing, including written exercises and examinations, practical work.

A thesis is required in the third year.

**Certification:** Successful candidates will receive a doctoral degree authorized by Chinese Ministry of Education.

### **General/Senior Scholar programs**

*Major areas of study:*

TCM Internal Medicine

TCM Gynecology

TCM surgery

TCM Pediatrics

Acupuncture, Moxibustion and Tuina

Chinese Pharmacy

**Prerequisites:** 2-year college study/A master's degree or the equivalent. Certified transcripts or proof of academic qualifications required with the application.

**Duration:** 1-2 years

**Commencement:** First week of September.

*Note: Lectures for long-term courses are delivered in Chinese. English teaching is only available for group students.*

### **Chinese Language Center at NJUCM**

Chinese Training Center of NJUCM mainly provides two language programs: Chinese preparatory program for TCM overseas students; Chinese language & TCM culture program.

***This course includes:***

- Listening
- Speaking
- Reading and writing in Chinese characters

Pre-requisites: None.

Duration: One year.

Dates: Second Monday of September

Assessment: Successful candidates will receive a certificate conferred by NJUCM.

Certification: Successful graduates of this course are given priority for majors in degree courses in areas of TCM, Materia Medica, Acupuncture and Moxibustion, Tuina and others.

***Other courses and services offered by NJUCM are:***

- Travel
- Massage
- Qigong
- Taiji

### **Registration**

Application forms are available from the university website. ([iec.njucm.edu.cn](http://iec.njucm.edu.cn) or [www.njucm.edu.cn](http://www.njucm.edu.cn))

Please send the completed application form, together with relevant certified copies of transcripts or qualifications, details of previous experience.

Application deadline for short-term course is one week before the starting date of the course.

Potential Master and Ph.D candidates should apply by the end of April. In some exceptional circumstances, late application maybe considered.

The full fee is payable on arrival at the university. Successful applicants will be notified and relevant visa documentation forwarded.

### **Accommodation**

Double room or quad room dormitory, with bath, are available on campus. All rooms have air conditioning. There are two restaurants serving inexpensive Chinese food. Facilities such as the gymnasium, tennis, table tennis etc. are available.

## **About Nanjing University of Chinese Medicine (NJUCM)**

Founded in 1954, Nanjing University of Chinese Medicine(NJUCM) is one of the oldest institutions in China, earning the distinction as the cradle of TCM higher education. The university includes 2 campuses—the Hanzhong Campus and the Xianlin Campus. The former is located in the western part of the city, adjacent to the beautiful Black Dragon Lake. The latter is situated along Xianlin Rd. It is a sprawling campus, with digital and eco-friendly designed gardens. NJUCM is one of the World Health Organization(WHO) Collaborating Centers for Traditional Medicine; The university is authorized by the Chinese Ministry of Public Health to be an International Acupuncture Training Center. It is also a training base for TCM teachers, a center for clinical pharmacology, a training base for overseas education approved by the State Administration of TCM and one of the first authorized TCM universities to enroll and train overseas students. At present , there are about 20,000 students studying on campus, including over 2,000 Master and Doctoral students and over 1,000 overseas students.

The university offers doctoral, master and bachelor programs. Specialties of bachelor's program cover the field of medicine, management, science, engineering, economics and arts. TCM specialties are the principal part, while other non-TCM specialties play a supporting role.

The International Education College (HK, Macao and Taiwan Education Center) of NJUCM is responsible for enrollment and administration of overseas students. This college is a teaching unit within NJUCM and comprises of various general and individual services. All the teachers are well versed in the history and development of TCM, and understand international students' individualities and specific requirements.

The Center for Chinese Language, the language training branch of NJUCM, assists foreign students in the mastery of the Chinese Language. It accepts both international students supported by government scholarships as well as self-supporting students. Besides, the center also provides Chinese Language courses of Traditional Chinese Medicine and Ancient Chinese. With training received in these two areas, new students to TCM will possess a strong foundation for professional development in TCM.

NJUCM values international cooperation and academic exchange. In 1994, the university initiated a joint Bachelor's program with Royal Melbourne Institute of Technology(RMIT University), Australia, becoming the first University of TCM in China to cooperate with a nationally accredited university in the West. Up till now, more than 8000 TCM professionals from over 90 countries and regions have been trained with the International Education College.